



Food to live by.



# Farm Stand 2009 Saturday Events

JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	DECEMBER
<b>Bug Walk</b> 6 11am-noon ..... <b>Stepping Stone Workshop</b> 12:30-2:30pm	<b>Bug Walk</b> 4 11am-noon	<b>Bug Walk</b> 1 11am-noon ..... <b>Garlic Braiding</b> 12:30-2:30pm	<b>Bug Walk</b> 5 11am-noon	<b>Bug Walk</b> 3 11am-noon ..... <b>Corn Husk Doll Workshop</b> 12:30-2:30pm	<b>Wreath Making</b> 5 11am-2pm 
<b>Chef Walk</b> 13 10am-noon with Chef Craig von Foerster, Sierra Mar at Post Ranch Inn RESERVATIONS REQUIRED	11 <b>Earthbound Farm's 25th Anniversary Celebration</b> 11am-3pm	<b>Harvest Walk</b> 8 11am-noon RESERVATIONS REQUIRED ..... <b>Pumpkin Scratching</b> 12:30-2:30pm RESERVATIONS REQUIRED	<b>Flower Walk</b> 12 10am-noon RESERVATIONS REQUIRED ..... <b>Jam Jar Vase Workshop</b> 12:30-2:30pm	<b>Flower Walk</b> 10 10am-noon RESERVATIONS REQUIRED	<b>Wreath Making</b> 12 11am-2pm
<b>Harvest Walk</b> 20 11am-noon RESERVATIONS REQUIRED	<b>Cooking Demonstration</b> 18 11am-noon with the Farm Stand's own Chef Sarah LaCasse	<b>Cooking Demo for Kids</b> 15 11am-noon with Chef Sarah LaCasse ..... <b>Pumpkin Scratching</b> 12:30-2:30pm RESERVATIONS REQUIRED	<b>Heirloom Tomato Sale</b> 19 all day 	17 <b>Harvest Festival</b> 11am-3pm	<b>Visit our Farm Stand</b> <ul style="list-style-type: none"> <li>Delicious handmade organic foods</li> <li>Organic produce and flowers</li> <li>Organic and gourmet groceries</li> <li>Unique gifts</li> </ul>
<b>Flower Walk</b> 27 10am-noon RESERVATIONS REQUIRED	<b>Chef Walk</b> 25 10am-noon with Chef Tony Baker, Montrio Bistro RESERVATIONS REQUIRED ..... <b>Garlic Braiding</b> 12:30-2:30pm	<b>Chef Walk</b> 22 10am-noon with Chef Brandon Miller RESERVATIONS REQUIRED	<b>Chef Walk</b> 26 10am-noon with Chef Jeff Rogers, Quail Lodge RESERVATIONS REQUIRED	<b>Harvest Walk</b> 24 11am-noon RESERVATIONS REQUIRED	For descriptions of our events, see reverse. For more information about our Farm Stand, visit us at <a href="http://www.ebfarm.com">www.ebfarm.com</a>
<b>Enjoy the experiences on our organic farm:</b> <ul style="list-style-type: none"> <li>Hands-On Kids' Garden</li> <li>Corn Maze (opens Aug. 29)</li> <li>Walking Labyrinth</li> <li>Cut-Your-Own Herb Garden</li> <li>Outdoor patio with beautiful views</li> </ul>	29 <b>Corn Crazy</b> 11am-3pm	<b>Open Year-Round</b> Come learn about organic farming and celebrate our fresh local harvest with us!	<b>Chef Walk</b> 31 10am-noon with Chef Cal Stamenov, Bernardus Lodge RESERVATIONS REQUIRED		

Celebrating 25 years of dedication to organic food and farming





During our peak growing season, June through October, we host a special event every Saturday.

## Special Events

Arrive anytime during these events. Free admission.

### Our 25th Anniversary Celebration

July 11 • 11am-3pm • Free admission  
Earthbound Farm began in 1984 on a 2½-acre raspberry farm here in Carmel Valley. Join us as we celebrate our 25th anniversary with the crop that started it all! Enjoy delicious handmade organic raspberry treats, cooking demonstrations, plus crafts, games, music, farm tours, and more.

### Corn Crazy

August 29 • 11am-3pm • Free admission  
It's the grand opening of our organic corn maze, and we're celebrating all things corn! Make your own corn husk dolls, play games, compete in the corn-on-the-cob eating contest, tour the farm, learn all about organic corn, and more.

### Harvest Festival

October 17 • 11am-3pm • Free admission  
Bring the whole family to our grand harvest celebration! The Farm Stand becomes a pumpkin-packed wonderland for a great fun-filled day of games, pumpkin carving demos, squash and pumpkin tastings, music, farm tours, train and hay rides, and more.

### Farm Walks

Wear sturdy field-walking shoes, and arrive on time so you don't get left behind.

#### Bug Walks

First Saturday of the month, June-October • 11am-noon • \$5/child (includes goodie bag), adults free  
Kids of all ages learn about beneficial insects and help us release ladybugs into our fields. Fun for the whole family!

#### Chef Walks

June 13, July 25, August 22, September 26, October 31  
10am-Noon • \$20/adults, \$5/children 12 and under  
Reservations required  
Join "Farmer Mark" Marino and a special guest chef for a walk into our fields to pick your own organic vegetables. You'll learn about the benefits of organic farming and get insider chef tips. After the walk, enjoy a cooking demo and tasting, and take home delicious recipes to try yourself.

#### Harvest Walks

June 20, August 8, October 24 • 11am-Noon  
\$15/adults, \$5/children 12 and under  
Reservations required  
Follow "Farmer Mark" Marino through our fields on a fun and informative walk, learning about organic farming and harvesting your own fresh organic produce to take home.

#### Flower Walks

June 27, September 12, October 10 • 10am-Noon  
\$20/adults, \$5/children 12 and under  
Reservations required  
Our own Janna Jo Williams leads you into our fields to pick your own fresh organic blooms, and gives you tips for unique ways to present your flowers.

### Farm Stand Workshops

Plan to arrive at least half an hour before workshops end so you have time to finish your project.

#### Cooking Demonstrations

July 18, August 15 • 11am-noon  
Free admission  
Watch our own Executive Chef Sarah LaCasse demonstrate easy cooking techniques, and then taste her delicious recipes featuring fresh, seasonal organic produce. The August demo focuses on Cooking with Kids.

#### Stepping Stone Workshop

June 6 • 12:30-2:30pm • \$10/person  
includes materials and instruction  
Learn techniques for creating stepping stones and walkways, and create your own garden stepping stone to take home. Bring a bag of treasures (broken plates, seashells, marbles, etc.) or use our baubles and trinkets.

#### Garlic-Braiding Workshops

July 25, August 1 • 12:30-2:30pm  
Pay only for garlic, herbs, and flowers by weight; instruction is free  
Learn to make fabulous garlic braids for your own kitchen or for great gifts.

### Earthbound Farm's Farm Stand

Open year-round, 7 days a week  
7250 Carmel Valley Rd. Carmel, CA 93923  
(831) 625-6219 ext.11

Events may be cancelled in case of bad weather — please call ahead. Be sure to wear appropriate clothing and sturdy field-walking shoes!

### Pumpkin Scratching

August 8, August 15 • 12:30-2:30pm • Ages 10 and up • \$10 deposit due at time of scratching; pay for the pumpkin by weight at the end of the growing season • Reservations required  
Scratch words or designs into pumpkins still growing in our fields — then return about a month later to find your design etched on a fully grown pumpkin!

### Jam Jar Vase Workshop and Jam Tasting

September 12 • 12:30-2:30pm • \$10/person  
includes materials and instruction  
Create charming hanging vases using twisted wire, beads, and recycled jam jars. Then enjoy a tasting of Earthbound Farm organic jams.

### Corn Husk Doll Workshop

October 3 • 12:30-2:30pm • Free admission  
Make your own folk art — great fun for all ages!

### Holiday Wreath-Making Workshops

December 5, December 12  
11am-2pm • \$20/person  
Twist organic grapevines into a wreath, then decorate it with natural greenery. Bring your gardening gloves!

#### To ask questions or reserve your space

Call: (831) 625-6219 ext.11  
E-mail: farmstand@ebfarm.com

#### For information and a map to the Farm Stand

[www.ebfarm.com/OurFarmStand](http://www.ebfarm.com/OurFarmStand)

#### Sign up for weekly Farm Stand news by e-mail

[www.ebfarm.com/Newsletter](http://www.ebfarm.com/Newsletter)



## You're Invited to a Special Hearing Open House

Dear Neighbor,

We are pleased to announce that a nationally known hearing aid expert will be in our office Next Week - **Tuesday, Wednesday & Thursday** from 9am to 5pm! During this special event, we will be offering the following **FREE SERVICES**:

1. **Electronic hearing screening** by our Licensed Hearing Professional.
2. **Ear scan**, you will see your ear canal on a color TV screen with the use of our new video camera. Your problem may just be wax.

Welcome to the next generation in hearing aids that offer:

### Performance

- 3x more powerful with multicore processing for virtually no whistling
- Better hearing in noise and telephone compatibility

### Comfort

- Comfortable, high-resolution sound with smoother seamless transitions between quiet and loud environments
- Automatically sets to situations and levels for you

### Personalization

- Unique hearing and lifestyle assessment ensures hearing aids match your hearing loss and individual hearing needs

**Simply call us at 831-624-9909.** Appointments are available on a first come first served basis and there is no cost for these services.

Yours for better hearing,

*Drew & Monica Kimbrough  
DMC Hearing Aid Center*

**P.S.** During this special event we will be offering special financing incentives. Hurry, this is a limited offer.



**DMC HEARING AID CENTER**  
100 Clocktower Place  
Suite 105  
Carmel, CA 93923  
**831-624-9909**



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